**COVID Consent Form (U18)**

Due to the ongoing COVID-19 pandemic, SLSA Wales and associated Clubs have had to adapt its activities to ensure that where practically possible, the risks posed by Coronavirus are kept to a minimum. Although the Club will not be running ‘normal’ activities (i.e. full training sessions or general use of the building and facilities by members) until further notice, it is our intention to provide the range of activities highlighted below.

As such, Rhondda Cold Knap Lifeguard Club has put in place a number of procedures which all members must comply with in order to minimise the risk of spreading the virus. This includes access control to club facilities and equipment, hand washing and sanitising measures, and procedures to ensure that social distancing measures can be maintained whilst taking part in approved club activities.

With the safety and well-being of our members always our priority, before we allow any member under the age of 18 to take part in activities with the Club, we ask that a parent/guardian provides written consent, based on the following training and procedures being in place before the young person commences Club activities.

**Overview of intended activities**

* Distribute leaflets, posters and signage around key beach access points
* Work in pairs along the beach front to provide socially distant face-to-face water safety messages
* Conduct surveillance of the water from the club building
* Patrol the beach and water’s edge, conducting preventative measures and perform assists/rescues as required
* Provide water-based patrols using rescue boards or powered craft
* Run group fitness and skills based sessions

**What we will do to minimise the risk**

* Conduct a COVID-specific risk assessment and put in place control measures to reduce the risk and likelihood of members contracting Coronavirus during club training sessions
* PPE will be issued where appropriate (gloves, masks, hand sanitiser etc.)
* Appropriate hand washing and hand sanitising products will be made available throughout the building
* Safe use of club building including toilet and kitchen facilities will be developed and shared as part of a training induction
* COVID specific cleaning procedures will be developed and implemented throughout the building and for use on club craft/ equipment
* Social distancing measures will be enforced by coaches/senior responsible member
* All members who wish to train will receive appropriate training to minimise the risk posed by Coronavirus prior to taking part in club activities

**Club activities (induction checklist)**

This form needs to be completed prior to taking part in any organised Club activity. Please complete the information below.

|  |  |  |  |
| --- | --- | --- | --- |
| **ITEM** | **YES** | **NO** | **N/A** |
| Activity-specific training | | | |
| I have completed the appropriate level of training so I can self-rescue and maintain control of the craft I am using without assistance. |  |  |  |
| I will not train outside of my abilities and qualification levels, in order to prevent unnecessary strain on the RNLI and emergency services. |  |  |  |
| Personal Safety | | | |
| I have declared to my Club any medical conditions that may put myself or a member of my household at a higher risk, and confirm that nobody in my household is considered high risk as per government guidelines |  |  |  |
| I am aware that if I have any COVID related symptoms at any time, I should follow government guidelines regarding contact tracing. I must not attend training and must notify the Club as soon as practically possible |  |  |  |
| I understand that I must maintain social distancing from coaches, other members and the public at all times whilst taking part in club activities. |  |  |  |
| I understand and agree to follow the handwashing, sanitising and cleaning procedures whilst attending training. |  |  |  |
| I am aware that if I feel there is a risk to my safety due to the current environment, I should raise this with the coach in charge of the session |  |  |  |
| COVID-secure (buildings and facilities) | | | |
| I have received induction training on how to use the building, facilities and equipment safely |  |  |  |
| I will follow appropriate social distancing procedures whilst using indoor club facilities |  |  |  |
| I understand the cleaning procedures for areas of the building that I am allowed to use (i.e. toilets, changing rooms, craft rooms, corridors etc.) |  |  |  |
| Documentation | | | |
| I have read and completed the COVID consent form (countersigned by a parent/guardian if under 18) |  |  |  |
| I am a current paid up member of SLSA Wales and show as ‘Live’ on the MIS system |  |  |  |
| Right to decline & disclaimer | | | |
| I understand that if I am unable, unwilling or uncomfortable at any time whilst training, I can choose to opt out of taking part in one or more activities. This will not affect my position as a member of the Club. I understand that by training I may increase my exposure to Coronavirus or and as a result will be required to self-isolate for a defined period as advised by the government. SLSA Wales and the club does not take any responsibility for any member who develops COVID symptoms as a result of taking part in official club training activities. |  |  |  |

**Consent / Declaration information**

|  |  |
| --- | --- |
| To be completed by parent/guardian: | |
| I give permission for my child to take part in one or more of the organised club activities listed above. I understand that a comprehensive training package will be delivered and that the measures listed above will be in place before my child takes part. I am aware that if either I or my child are not comfortable with the activities they are taking part in, there is no pressure for them to continue. Should my child display COVID 19 symptoms at any time, they must not attend club activities and should follow the relevant guidelines on self-isolating. If this is the case, I must inform the Club as soon as practically possible in order for contact tracing to be implemented. | |
| Parent/guardian name |  |
| Parent/guardian signature |  |
| Date |  |
| To be completed by young person: | |
| I understand that prior to undertaking any activities I will receive appropriate training. I agree to follow all the procedures set out by the Club and will inform the Club if I have any COVID symptoms at any time. | |
| Member’s Name |  |
| Membership Number: |  |
| Member’s signature |  |
| Date |  |
| Emergency contact 1 | |
| Name/relationship to member |  |
| Contact number |  |
| Emergency contact 2 | |
| Name/relationship to member |  |
| Contact number |  |